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Helping Smokers Quit

A Guide for Nurses

Dr. Linda Sarna



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Dr. Sarna has been involved in tobacco control for many years. Dr. Sarna has collaborated with nurses, nursing organizations and other disciplines in enhancing the nurses' role in tobacco control through the Tobacco Free Nurses (TFN) initiative funded by The Robert Wood Johnson Foundation. **Helping Smokers Quit** builds on TFN's efforts to support nurses' own efforts to quit smoking; to provide tobacco control resources for nurses to use in patient care; and to enhance the culture of nurses as leaders and advocates of a smokefree society. The TFN project received recognition by the American Academy of Nursing for its outstanding website and materials. In collaboration with the Agency for Healthcare Research and Quality (AHRQ), the TFN team developed the "[Helping Smokers Quit: A Guide for Nurses](#)" With funding from the National Cancer Institute and AHRQ, Dr. Sarna and collaborators organized the 1st Nursing Research conference on Nurses and Smoking Cessation in May 2005. The proceedings from the conference were published in a Supplement of Nursing Research in July 2006. Dr. Sarna was the Principal Investigator of a project, funded by the [Smoking Cessation Leadership Center](#) to reach out to nursing organizations to support their efforts in tobacco control. Dr. Sarna is one of the reviewers of the upcoming new edition of the Public Health Services' tobacco dependence treatment

clinical guideline. Additionally, Dr. Sarna collaborated in the development of the tobacco control position statement of the American Nurses Association, the Oncology Nursing Society, among other nursing groups. Dr. Sarna will deliver the education program and provide the scientific oversight for the **Helping Smokers Quit** Project.

Please meet the team who is coordinating the **HSQ** Project:

- [Linda Sarna](#), RN, DNSc, FAAN, Principal Investigator
- [Michael Ong](#), MD, Co-Investigator
- [Patricia Parkerton](#), MPH, PhD, Co-Investigator
- [Marjorie Wells](#), RN, PhD, FNP, Project Director
- [Lisa Wei Chang](#), MPH, Project Assistant
- [Ms. Jenny Kotlerman](#), MS, Principal Statistician
- [Stella Aguinaga Bialous](#), RN, MSn, DrPH, FAAN, Consultant

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